

HANDOUT 10.1

Theories of Change Worksheet

Turn to section 10.1.1 The theory of change in the handbook and review what a theory of change is and how they can be written.

The following theory of change was created for a countering violent extremism project that was implemented in Kenya. It is in a different format but covers the same three categories, while including some of the program's outputs:

The [youth] program is intended to empower youth by improving opportunities for leadership, civic engagement, skill development and education.... Empowered youth are more resilient and less at risk of being attracted to/by violent extremist groups.¹

Can you rewrite this theory of change into a sentence with an if, then, and because?

If _____

then _____

because _____

¹ Lynn Carter and Phyllis Dininio, "An Inventory and Review of Countering Violent Extremism and Insurgency Monitoring Systems" (United States Agency for International Development, December 10, 2012), 5.